

MARIN CAMFT

THErapy GROUPS LIST

FOR JAN FEB MAR 2021

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GROUPS FOR WOMEN

WOMEN'S GROUP - NOW ONLINE

Renée Owen, LMFT 415 453 8117

Weekly group for Clinicians & Non-clinicians. Receive support, interpersonal process work, goal setting. Great adjunct to Indiv. Therapy. 25+ years expernc. reneeowen@sbcglobal.net

DIVORCE GROUPS FOR WOMEN ONLY

Susan Pease Gadoua, LCSW 415 448 6242

Ongoing biweekly groups provide community, emotional support & info for all stages of divorce or separation. Topics: self-esteem, empowerment and recovery from difficult feelings and situations.

RELATIONSHIP INSIGHT GROUP FOR WOMEN ONLY

Susan Pease Gadoua, LCSW 415 448 6242

Ideal for any woman who is ready to change unhealthy relationship patterns. Bring to light outdated beliefs and perceptions that set women up for unfulfilling, sometimes abusive situations.

ONLINE SATURDAY GROUPS FOR WOMEN

Gilda Meyers, LMFT 415 453 1839

Ongoing online groups exploring issues of midlife and aging. Age 70+ meets 2nd & 4th Sat/mth, 10:00-11:30am. Age 60+ meets 3rd Sat/month 10am-12:00pm. Call for flyer, info, free interview.

WOMEN'S INTERPERSONAL GROUP

COED GROUPS

INTIMACY GROUPS - NOW ONLINE

Renée Owen, LMFT 415 453 8117

Weekly coed process/support groups (for single or partnered/married). Explore blocks & create more fulfillment & success in relationships & life. M/T/TH pm's. 25+ yrs experience. reneeowen@sbcglobal.net

SINGLES GROUPS - NOW ONLINE

Renée Owen, LMFT 415 453 8117

9-Week coed Psychoed group/class to create more successful relationships. Assists in overcoming blocks & obstacles. Excellent adjunct to Indiv Therapy. M/T/TH pm's. reneeowen@sbcglobal.net

INTERPERSONAL PROCESS GROUP

Lou Dangles LMFT & Chris Armstrong LMFT 415 454 2722

Members will have an opportunity to learn about relationship patterns in their lives, understand impact on others Weds, 7:30– 9 PM San Anselmo

BARIATRIC SURGERY/ EDUCATION SUPPORT GROUP

Dr. Jean Hayes, LMFT 415 897 1348

For women and men contemplating weight loss surgery and for those post-surgery, to establish new eating habits for weight loss and successful maintenance. 12-week AM and PM sessions in Novato

SUBSTANCE ABUSE EDUCATION/SUPPORT GROUP

Dr. Jean Hayes, LMFT 415 897 1348

Lois Friedlander, LMFT, CGP**415 383 3337**

Integrates psychodynamic, interpersonal models. For students, professionals. Examine relationships. Consultant: Dr. Irv Yalom Wednesday, 6:30-8 PM, Ongoing. 3569 Sacramento Street, SF.

WEIGHT LOSS AND WEIGHT MAINTENANCE GROUP**Dr. Jean Hayes, LMFT****415 897 1348**

Gain tools & develop strategies for successful weight loss/ long-term maintenance. Food plans individualized for new habits with group therapy & support for emotional ups/downs 12-wk am/pm sessions.

LIFT YOUR SPIRITS-WOMEN'S THERAPY GROUP**Kacy Dapp & Karen Josephs, Interns, CIP****Supervisor, Dylan Kersh, LMFT****415 459-5999 x 450**

Strengthen self-awareness of yourself, your thoughts & emotions. San Rafael, Mon. 6:15-7:45pm. Zoom for now.

GROUPS FOR MEN**SUPPORT/THERAPY GROUP FOR MEN****Scott Nelson, PhD, LMFT****415 383 9254**

New group. Resolve personal challenges, greater personal competence, emotional balance & awareness; become better leaders (home/elsewhere). W 5-6:30pm. Zoom. <https://scottnelsonphd.com>

MEN AND RELATIONSHIPS**David Kest, LMFT****415 246 1739**

Heartfelt Zoom meetings. Practice mindfulness, safe conversations, relationship skills to promote healing & growth. Ready for next level through support & compassion? Wed, 7-9pm. San Rafael.

CHILDREN, TEENS AND PARENTING

ADVERTISE YOUR GROUP HERE NEXT TIME!

SPECIALTY GROUPS**MEN PARTNERS OF ABUSE SURVIVORS****Scott Nelson, PhD, LMFT****415 383 9254**

Education-impacts of abuse; support for exploring response-able resolution to personal & couple, self-care challenges with others.

More info at website. Th, 5-6:30pm. Zoom. www.scottnelsonphd.com

\$\$\$ MONEY MATTERS \$\$\$**Laurie Buntain, LMFT****415 721 9555**

Explore and understand your relationship with money. Identify influences & patterns to increase rational financial behavior & harmony. 7 sessions for individuals & couples. Meets biweekly in Kentfield.

HORSE/ANIMAL SUPPORTED THERAPY GROUP**Dr. Jean Hayes, LMFT****415 897 1348**

Therapeutic skills and problem solving for new possibilities, learned and practiced through interacting with unique and friendly horses and farm animals for adults, adolescents and youth.

ARTS-BASED PROCESS GROUP FOR WOMEN & MEN**Dr. Shira Marin LMFT****415 499 0737**

For women & men contemplating their behavior, use or abuse of various substances, i.e., alcohol, drugs, food, pills, sex, shopping, gambling-effects on aspects of their lives. 12-week. AM & PM in Novato.

COUPLES COMMUNICATION WORKSHOP**Kathy Jarosz, LCSW****415 999 4414**

Crash course to improve communication with a partner. Focus on skills to use right away. Materials given for practice. Great relationship tune-up. One evening per month. Kathy@couplescounselingworks.com

PSYCHODYNAMIC GROUPS**Raisman, PhD****415 453-4271****Art**

High functioning groups open to therapists and non-therapists. Tuesday or Wednesday PM. psychologytoday.com

CONSULTATION GROUPS**THRIVE CONSULTATION GROUPS -- NOW ONLINE****Renée Owen, LMFT****415 453 8117**

Connect & network with colleagues, General case consult, Help in creating a thriving practice, or starting, facilitating or sustaining groups. Meets 1x/mth online. 25+ years experience. reneeowen@sbcglobal.net

CONSULTATION/SUPERVISION GROUP**Scott Nelson, PhD, LMFT****415 383 9254**

Ongoing group 1.5 hours twice a month – 6 members. 43 years experience Your energy engaged, your knowledge strengthened, your insight brightened www.scottnelsonphd.com

CONSULTATION GROUP: EXPERIENCED CLINICIANS**Fran Goldie-Marcus, LCSW****415 892 4310**

Consultation group with special emphasis on evaluating and treating personality disordered clients from a psychodynamic and object relations perspective. Call for more info: frangoldiemarcus@gmail.com

BIMONTHLY CONSULTATION GROUP**Geraldine Alpert, PhD.****415 497 9479**

Formerly Director Post Doc Training at Kaiser; Assoc. Prof of Psychiatry at UCSF, Director of Group Therapy at McAuley Neuropsychiatric Institute. Input/ Support. www.GeraldineAlpert.com

GROUPS FOR THERAPISTS**CO-LED THERAPY GROUP FOR MATURE THERAPISTS****Geraldine Alpert, PhD, Elaine Cooper, PhD, LCSW 415 479 9479**

One opening in high functioning, long term, co-ed group with psychodynamic, interpersonal orientation. Wednesday AM in San Rafael.

www.GeraldineAlpert.com

THERAPY GROUP FOR THERAPISTS**Raisman, PhD, PSY#7795****415 453-4271****Art**

Ass't Clin. Prof., Psychiatry, UCSF. For mental health professionals and trainees, ongoing since 1984. Thurs am, SF. Currently online. artraisman@msn.com

Clinicians/ non-clinicians. Liberate self-expression, cultivate self-awareness & or psychologytoday.com

self-acceptance and transform self-judgment. 8-weeks.. San Rafael

www.shiramarinphd.com

UNDERSTANDING & COPING WITH ANXIETY & DEPRESSN

Yeal Heffer, Trainee & Katalin Szabo, Pre-Doctoral Intern,

Supervisor, Dylan Kersh, LMFT, CIP 415 459-5999 x 450

San Rafael, Wed., 6:15-7:45pm. Zoom for now.

ADULT ADHD ONLINE

Holly Seerley, LMFT 415-383-6656

12 weeks. Executive Functioning skills: organizing, planning, and managing time.

SKILLS FOR COUPLES

Holly Seerley, LMFT 415-383-6656

Online. Neuroscience! De-escalate, feel safer, stop reactive patterns.

WORKSHOPS AND TRAININGS

ADVERTISE YOUR GROUP HERE NEXT TIME!

SUBMISSION GUIDELINES

NEXT DEADLINE MARCH 1, 2021

1. Renew existing ads with no changes by emailing Renee to notify her of renewal & then mailing your check, payable to Marin CAMFT, to: Renee Owen, LMFT at 1703 Fifth Avenue #101, San Rafael, CA 94901 (no hard copy required).
2. Submit new ads by following step 3 & 4 below to draft your ad. Then email a copy of your ad in the body of the email (no attachments), and in Plain (vs Rich) Text to reneeowen@sbcglobal.net, with Subject Line of "MCAMFT Grp Tx Ads - Your Last Name." Also please mail a hard copy of new ads with your check, payable to Marin CAMFT, to Renee Owen, LMFT, 1703 Fifth Avenue #101, San Rafael, CA 94901 For questions, call TGL Editor, Renée Owen, at 415-453-8117.
3. Specify the section in which you would like to see your ad.
4. IMPT -- Maximum ad length: First 2 lines for title of group, facilitator, phone # - 44 characters. Next 3 lines- description of group and web address, 65 characters per line. If too long or doesn't follow the existing format, your ad will be edited to fit.
5. Price: Marin CAMFT members: \$20 first listing, \$10 for additional listings in the same issue. Nonmembers: (including agencies) \$25 first listing, \$15 for additional listings in the same issue.
6. For answers to your questions, email TGL Editor, Renée Owen at email reneeowen@sbcglobal.net or call 415- 453-8117.