

MARIN CAMFT

THERAPY GROUPS LIST

FOR APR MAY JUN 2020

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GROUPS FOR WOMEN

WOMEN'S GROUP

Renée Owen, LMFT 415 453 8117

Ongoing weekly group for women (clinicians & nonclinicians) Develop & deepen intimacy skills through support, process work, goal setting. Excellent adjunct to individual therapy. Thurs PM ONLINE.

DIVORCE GROUPS FOR WOMEN ONLY

Susan Pease Gadoua, LCSW 415 448 6242

Ongoing biweekly groups provide community, emotional support and information for all stages of divorce or separation. Topics: self-esteem, empowerment and recovery from difficult feelings and situations.

RELATIONSHIP INSIGHT GROUP FOR WOMEN ONLY

Susan Pease Gadoua, LCSW 415 448 6242

Ideal for any woman who is ready to change unhealthy relationship patterns. Bring to light outdated beliefs and perceptions that set women up for unfulfilling, sometimes abusive situations.

MONTHLY SATURDAY GROUPS FOR WOMEN

Gilda Meyers, LMFT 415 453 1839

Ongoing groups exploring issues of midlife and aging, meet one Saturday monthly in San Rafael. Age 65+ meets 2nd Saturday/ month 9:30 am-12:30 pm. Age 55+ meets one Saturday/month 10 am-1:30 pm. Call for flyer, info, free interview.

WOMEN'S INTERPERSONAL GROUP

Lois Friedlander, LMFT, CGP 415 383 3337

COED GROUPS

INTIMACY GROUPS

Renée Owen, LMFT 415 453 8117

Ongoing weekly process groups for men and women (single, in relationship, or married). Explore blocks and learn how to experience more fulfillment & success in relationships and life. Mon or Tues pm. ONLINE.

SINGLES GROUP

Renée Owen, LMFT 415 453 8117

Psyched coed for those desiring to create more committed, intimate relationships. Assists in discovering blocks/obstacles. Excellent adjunct to Indiv. therapy. 9 weeks, Tues PM ONLINE.

INTERPERSONAL PROCESS GROUP

Lou Dangles LMFT & Chris Armstrong LMFT 415 454 2722

Members will have an opportunity to learn about relationship patterns in their lives, understand impact on others Weds, 7:30– 9 PM San Anselmo

BARIATRIC SURGERY/ EDUCATION SUPPORT GROUP

Dr. Jean Hayes, LMFT 415 897 1348

For women and men contemplating weight loss surgery and for those post-surgery, to establish new eating habits for weight loss and successful maintenance. 12-week AM and PM sessions in Novato

SUBSTANCE ABUSE EDUCATION/SUPPORT GROUP

Dr. Jean Hayes, LMFT 415 897 1348

For women and men contemplating their behavior, use or abuse of various

Integrates psychodynamic, interpersonal models. For students, professionals. substances, i.e., alcohol, drugs, food, pills, sex, shopping, gambling-effects on aspects of their lives. 12-week. AM & PM in Novato.
Examine relationships. Consultant: Dr. Irv Yalom Wednesday, 6:30-8 PM,
Ongoing. 3569 Sacramento Street, SF.

WEIGHT LOSS AND WEIGHT MAINTENANCE GROUP

Dr. Jean Hayes, LMFT **415 897 1348**

Gain tools and develop strategies for successful weight loss/ long-term maintenance. Food plans individualized for new habits with group therapy & support for emotional ups & downs 12-week am/pm sessions in Novato.

PARTNERS OF SEX ADDICTS SUPPORT GROUPS

Willow Tree Counseling **707 200 2332 x 102**

Education and support for betrayed partners impacted by sex addiction. A safe space to share experiences and receive guidance - a Christian group is available. Jeanne@willowtreesantarosa.com

GROUPS FOR MEN

GROUP THERAPY FOR MEN

Scott Nelson, PhD, LMFT **415 383 9254**

Strengths- and Positivity-Based, move in cooperation toward greater emotional awareness, resolving challenges, improved relationships and competence Wednesday 6:30 - 8 PM

MEN AND RELATIONSHIPS

David Kest, LMFT **415 246 1739**

San Rafael Group forming. Practice mindfulness, safe conversations & relationship skills to promote healing & growth. Ready for the next level through support & compassion? Wednesdays, 7-9 PM 1703 Fifth Ave, SR

MEN'S SEX ADDICTION RECOVERY GROUP

Willow Tree Counseling **707 200 2332 x 101**

Ongoing homework/process group helping create & maintain sobriety, establish recovery, & address underlying issues. Santa Rosa: Monday 4PM, Tuesday 8AM, Thursday 5PM, San Rafael: Friday 3PM.

Tim@WillowTreeSantaRosa.com

CHILDREN, TEENS AND PARENTING

SINGLE PARENT SUPPORT GROUP

Wendy Homer, LMFT **415 413 8086**

Transform surviving into thriving! Address loneliness, exhaustion, parenting issues, co-parenting problems, strategies for success Ongoing, weekly. Contact Wendy: wendyhomerlmft@gmail.com.

DBT SKILLS FOR TEENS

Erica Thomas LMFT **707 206 8698**

Ongoing Weekly Educational Group for teens with depression, anxiety, or self-harm. We will learn distress tolerance and positive coping skills specifically tailored for teens. Rohnert Park, CA. www.growingpositivefamilies.com

SPECIALTY GROUPS

MEN PARTNERS OF ABUSE SURVIVORS

Scott Nelson, PhD, LMFT **415 383 9254**

MONTHLY PSYCHODRAMA GROUPS & WORKSHOPS

Sylvia Israel, LMFT, TEP, RDT/BCT **415 454 7308**

Issues addressed: relationship with self and others, family of origin, self-esteem, empowerment, trauma/addictions recovery, spirituality. Emphasis on creativity & spontaneity. www.BayAreaMorenoInstitute.com

COUPLES COMMUNICATION WORKSHOP

Kathy Jarosz, LCSW **415 999 4414**

Crash course to improve communication with a partner. Focus on skills to use right away. Materials given for practice. Great relationship tune-up. One evening per month. Kathy@couplescounselingworks.com

CONSULTATION GROUPS

THRIVE CONSULTATION GROUPS -- ONLINE OPTION

Renée Owen, LMFT **415 453 8117**

Connect and network with colleagues. Receive help in creating a thriving practice, or starting, facilitating or sustaining groups and general case consultation. Meets once a month in San Rafael. reneeowen@sbcglobal.net

CONSULTATION/SUPERVISION GROUP

Scott Nelson, PhD, LMFT **415 383 9254**

Ongoing group 1.5 hours twice a month – 6 members. 43 years experience Your energy engaged, your knowledge strengthened, your insight brightened www.scottnelsonphd.com

ONLINE SUPERVISION AND/OR CONSULTATION: FROM PRELICENSED TO LATE CAREER

Shira Marin, PhD, LMFT **415 499 0737**

Consultation group to further your development as a therapist, gain support, Depth, Jungian, Dream, EAT approaches Experienced facilitator, 35 years clinical, teaching experience. CEs available. 90 minutes twice per month in San Rafael

CONSULTATION GROUP: EXPERIENCED CLINICIANS

Fran Goldie-Marcus, LCSW **415 892 4310**

Consultation group with special emphasis on evaluating and treating personality disordered clients from a psychodynamic and object relations perspective. Contact Fran for more info: frangoldiemarcus@gmail.com

BIMONTHLY CONSULTATION GROUP

Geraldine Alpert, PhD. **415 497 9479**

Formerly Director Post Doc Training at Kaiser; Assoc. Prof of Psychiatry at UCSF, Director of Group Therapy at McAuley Neuropsychiatric Institute. Input/ Support. www.GeraldineAlpert.com

SUBMISSION GUIDELINES

NEXT DEADLINE JUNE 15, 2020

1. Submit new ads to clydelynne@gmail.com
2. Renew existing ads with no changes by mailing your check, payable to Marin CAMFT, to: Renee Owen, LMFT at 1703 Fifth Avenue #101, San Rafael, CA 94901 (no hard copy required)

Education about the impact of abuse; support and exploring response-able resolution to personal and couple challenges with others that will understand.

Tuesdays, 6:30-8 PM www.scottnelsonphd.com

\$\$\$ MONEY MATTERS \$\$\$

Laurie Buntain, LMFT

415 721 9555

Explore and understand your relationship with money. Identify influences and patterns to increase rational financial behavior and harmony. Seven sessions for individuals and couples. Group meets biweekly in Kentfield.

HORSE/ANIMAL SUPPORTED THERAPY GROUP

Dr. Jean Hayes, LMFT

415 897 1348

Therapeutic skills and problem solving for new possibilities, learned and practiced through interacting with unique and friendly horses and farm animals for adults, adolescents and youth.

ARTS-BASED PROCESS GROUP FOR WOMEN & MEN

Dr. Shira Marin LMFT, Annie Danberg, LMFT 415 499 0737

Clinicians/ non-clinicians. Liberate self-expression, cultivate self-awareness & self-acceptance and transform self-judgment. 8-week session. San Rafael

www.shiramarinphd.com or www.anniedanberg.com

ONLINE DREAM GROUPS

Shira Marin, PhD, LMFT

415 499 0737

Benefit your life through the psyche's language of images. Immersion in dreams with possible Expressive Arts. Group 1 - clinicians, Group 2 - non-clinicians. 6 members. Friday AM 1.5 hours weekly, 40 years experience.

www.shiramarinphd.com

CHRONIC PAIN SUPPORT GROUP

Wendy Homer, LMFT

415 413 8086

Reduce isolation. Increase skills for coping with fear, anxiety and depression, stress and pain management. Ongoing, weekly, Contact Wendy: wendyhomerlmft@gmail.com.

FAMILY CAREGIVERS SUPPORT GROUP

Wendy Homer, LMFT

415 413 8086

Help coping with stress, isolation, burn-out, balancing personal needs with those of loved one, unresolved family conflicts.

Ongoing, weekly. Contact Wendy: wendyhomerlmft@gmail.com.

GROUPS FOR THERAPISTS

CO-LED THERAPY GROUP FOR MATURE THERAPISTS

Geraldine Alpert, PhD, Elaine Cooper, PhD, LCSW 415 479 9479

One opening in high functioning, long term, co-ed group with psychodynamic, interpersonal orientation. Wednesday AM in San Rafael.

www.GeraldineAlpert.com

WORKSHOPS AND TRAININGS

ENLIVEN YOUR WORK WITH PSYCHODRAMA TRAINING

Sylvia Israel, LMFT, TEP, RDT/BCT

415 454 7308

Integrating role-play into individual sessions. Exploring Social Issues: 2-Day Sociodrama Workshop. Director Intensive.

www.BayAreaMorenoInstitute.com sylvia@imaginecenter.net

3. Mail a hard copy of new ads and check, payable to Marin CAMFT to Renee Owen, LMFT, 1703 Fifth Avenue #101, San Rafael, CA 94901 For questions, call TGL Editor, Renée Owen, at 415 453 8117
4. Specify the section in which you would like to see your ad.
5. Maximum ad length: First 2 lines for title of group, facilitator, phone # - 44 characters. Next 3 lines- description of group and web address, 65 characters per line. If too long or doesn't follow the existing format... editing!
6. Price: Marin CAMFT members: \$20 first listing, \$10 for additional listings in the same issue. Nonmembers: (including agencies) \$25 first listing, \$15 for additional listings in the same issue.
7. For answers to your questions, call TGL Editor, Renée Owen, at 415 453 8117

GOTTMAN COUPLES WORKSHOP: THE ART AND SCIENCE OF LOVE

Lisa Lund, LMFT & Bob Navarra, PsyD 415-721-4310

2 days filled with research-based tools to confirm and strengthen your relationship. 13.5 CE hours. Held 5 times per year at Acqua Hotel in Mill Valley. www.ACouplesWorkshop.com