

THERAPY GROUPS

Groups listed are offered by licensed psychotherapists or supervised interns. This list contains paid listings from both Marin CAMFT members and nonmembers. It is not intended to be all-inclusive. All phone numbers are in the 415 Area Code unless otherwise indicated.

Next submission deadline for the group therapy ads is May 15.

GROUPS FOR WOMEN

WOMEN'S GROUP, Renée Owen, MFT Ongoing weekly group for spiritually-oriented women. Participants develop & deepen intimacy skills with themselves and others through support, process work, and goal setting. Excellent adjunct to individual therapy. Tuesday p.m. One opening. San Rafael. 453-8117.

DIVORCE GROUPS (WOMEN ONLY), Susan Pease Gadoua, LCSW Ongoing biweekly groups provide emotional support and information at all stages of divorce or separation. Topics include self-esteem, empowerment, and recovery from difficult feelings/situations. 257-0830.

WOMAN'S THERAPY GROUP Kate Harling, MFT Process group forming for women wanting to expand their capacity to accept and express their own unique selves, while building and maintaining intimate relationships with others. Monday day or evening in Mill Valley. 383-1817.

GROUPS FOR WOMEN, Gilda Meyers, LMFT Conscious Aging: Ongoing group for women 60+ meets one SATURDAY a.m. monthly, 9:30-12:30 in San Rafael. Group for midlife women (45 up) also meets one Saturday monthly, 10 -1:30 or 10 - 3. Flyer, info, free interview: 472-2765.

SEEKING SAFETY: A Recovery & Wellness Group for Women, Lynn Ervin, LCSW 28683 FSA of Marin, Integrated tx of PTSD & substance abuse using Seeking Safety model. Promotes wellness, recovery & symptom mgmt for both disorders. Sliding scale/ Medi-Cal. T/Thur afternoons. Ongoing, San Rafael. 491-5710.

SEPARATION & DIVORCE SUPPORT GROUP (FOR WOMEN), APPLE Family Works. A supportive environment to navigate the stages of divorce. Explore managing anger/hurt, anxiety, stress, depression, & co-parenting issues. Weds. 6-8 p.m. eight consecutive wks. Sliding scale available. Call 492-0720, x314.

GROUPS FOR MEN

THE RIGHT MEN'S TEAM, Richard Platt, LMFT Helps men align their virtues, values, beliefs & behaviors to become alive, creative and productive. Support your clients to take their life to the next level. Call Richard 760-8541 www.teensolutionsmarin.com.

GROUP FOR MEN 50+, Lou Dangles, LMFT, Ongoing interpersonal support group for men in the second half of life. Emphasis on emotional communication, giving and receiving feedback in a here-and-now interactional frame. Thursday, 6:30-8 p.m. 454-2722.

GROUPS FOR MEN CONTINUED

SEEKING SAFETY: A Recovery & Wellness Group for Men, Lynn Ervin, LCSW 28683, FSA of Marin. Integrated tx of PTSD & substance abuse using Seeking Safety model. Promotes wellness, recovery & symptom mgmt for both disorders. Sliding scale/ Medi-Cal. Thur afternoons. Ongoing San Rafael. 491-5710.

CO-ED GROUPS

INTIMACY GROUPS, Renée Owen, MFT Ongoing weekly process groups for men and women (single, in relationship, or married) desiring to experience more fulfillment & success in relationships and life. Monday's 6:00pm or 7:50 p.m., Tuesday's 6:00 p.m. San Rafael. 453-8117.

SINGLES GROUP, Renée Owen, MFT Nine-week psychoeducational group for men and women desiring to create more committed, intimate relationships. Assists in discovering blocks and obstacles. Excellent adjunct to individual therapy. Thursday p.m.'s, San Rafael. 453-8117.

INTERPERSONAL PSYCHOTHERAPY GROUPS (ADULTS), Community Institute for Psychotherapy Tues "Challenging Changes" – Women's Group 6 -7:30 p.m. Wed's Mixed Group: Women & Men 6 - 7:30 pm. S.S. fee \$20 - \$40/session. Medical accepted. 12-wk initial commitment req'd. 459- 5999 x450.

INTERPERSONAL PROCESS GROUP for Men & Women, Lou Dangles, LMFT & Chris Armstrong, LMFT, Members will have an opportunity to learn about relationship patterns in their lives, understand their impact on others. Wednesday 7:30-9 p.m. San Anselmo 454-2722.

HEALTHY LIFESTYLE SUPPORT GROUP, Dorie Rosenberg, LMFT. Helps clients integrate their insights between sessions, to make lasting, positive changes & achieve goals for their Physical, Mental, Emotional, and Spiritual selves. First and Third Fridays, Noon - 1:30 p.m. Call 492-9850 or dorie.mft@gmail.com.

CHILDREN, TEENS & PARENTING

TEEN BOY'S MENTORING TEAM, Richard Platt, LMFT Supports ages 13+ for the challenges of being a Marin teen. Members learn to grow up in a safe and fun environment. Builds character, communication, and leadership skills Call Richard 760-8541 www.teensolutionsmarin.com.

PARENTING APART, FSA of Marin. Six week class for parents to learn skills promoting children's well-being. Attendance by both parents encouraged but not required. Parents attend different classes. Sliding scale. Wed 11 a.m. - 12:30 p.m. or 6-7:30 p.m. 491-5723.

CHILDREN, TEENS & PARENTING CONTINUED

EXPLORING MOTHERHOOD- FREE GROUP. APPLE FAMILY WORKS. New and expectant moms and babies. Learn how to manage the transition to motherhood, enhance baby's development, find new resources, make new friends. Snacks provided; Target gift card (after 4 meetings). Call 492-0720.

SOCIAL SKILLS FOR SHY GIRLS, Lorraine Platt, LMFT Supports girls 14-16 to accept themselves by bonding with peers through honest self-expression. Addresses difficult topics of drugs and alcohol, relationships and body image. Lorraine 302-1700 or go to www.teensolutionsmarin.com.

EATING DISORDER SUPPORT GROUP FOR TEENS. Drop In Support Group focusing on intuitive eating, body acceptance and emotional intelligence. Mondays, 4:30-6p \$25 Sliding scale fee. 523 Fourth St. #100 San Rafael, www.beyondhunger.org, Call Katy at 459-2270

SPECIALTY GROUPS

TAKE CHARGE OF YOUR EMOTIONS WITH EBT, Gini Gardner, MFT Learn the powerful neuroscience-based Emotional Brain Training Method to build your capacity to self-regulate from within and let go of stress-driven habits such as overeating and overspending. Groups meet in Kentfield. 339-8662.

SEEKING SAFETY (ADULTS), Community Institute for Psychotherapy. Mondays from 3 – 4 p.m. S.S. fee from \$20 - \$40/session. Medi-cal accepted. A 6-week initial commitment required. For more information please call 459- 5999 x450.

DBT GROUP FOR EATING DISORDERS (ADULTS), Community Institute for Psychotherapy Thursdays 5:30 – 7:30 p.m. SS fee from \$20 - \$40/session. Medi-cal accepted. A 6 week initial commitment required. For more information please call 459-5999 x102.

DIALECTICAL BEHAVIOR THERAPY, Supervised by Sarah Chapman MFT 16780, FSA of Marin. Group for adults who have difficulty with emotional management, frequent crises, or self-injuring behaviors. Combines CBT with mindfulness. Sliding scale/MediCal. San Rafael. 491-5728.

AGESONG, Ann Coffey, Ph.D., Family Service Agency of Marin. An 8-week discussion group for seniors 65 and older, to share common experiences, insights and fears and to discover new possibilities. \$80 for 8-weeks. San Rafael 491-5726.

LOSS & GRIEF SUPPORT GROUP, Jacqueline Danielson, RN, MFT. Small Group-Big Heart: A Safe Place to Grieve New, Expected, Lingering, & Related, Loses. Wkly, open, & ongoing Thurs from 6:30-8:00 p.m. 1330 Lincoln Ave. Suite 301. Wheelchair accessible. \$10/session. Call Jackie at 298-1844.

SPECIALTY GROUPS CONTINUED

DISORDERED EATING & BODY HATRED GROUPS, BEYOND HUNGER. Psycho-educational groups: intuitive eating, body acceptance and emotional intelligence. Mon-Th. Evenings 7-9 Adult Drop-In: Sat. 9:30-11a. 523 Fourth St. #100 San Rafael, www.beyondhunger.org Katy 459-2270

CONSULTATION GROUPS

CONSULTATION GROUPS: PRACTICE-BUILDING OR GROUP-THERAPY CONSULT, Renée Owen, MFT Choose one or both groups for: help creating a thriving practice—or—starting, sustaining, and successfully facilitating groups. Each group meets one Mon./month. 12:00-1:30 p.m. San Rafael. 453-8117.

WORKSHOPS

DISORDERED EATING & BODY HATRED WORKSHOP. 1-Day workshop w/ Beyond Hunger's co-founders exploring underlying issues w/ food, weight and body image. San Rafael, Sunday 8:45-4:30 Dates TBA (Spring/Summer) , call 459-2270 www.beyondhunger.org



CLASSIFIED ADS

CHILD THERAPIST TOYS & THERAPY BOOKS For Sale. Enough to start a practice! Excellent Condition. Call Catherine 456-4565

OFFICE SPACE FOR RENT. Quiet Victorian—beautiful, sunny, spacious, fireplace, waiting room, parking, San Rafael. Three weekday mornings, or all day Sat, Sun. Renee Owen. 453-8117

WORKSHOP ADMIN ASST. Req. 3 wkend, 7:30am to 5pm, at workshop; Interview couples prior to workshop. Email Lisa Lund for more info. at Lisa@acouplesworkshop.com

NEW THERAPY GROUPS SUBMISSION GUIDELINES

The THERAPY GROUPS list is published EVERY 3 MONTHS (in each issue of *CONNECTIONS*). Space is limited to approximately 35 ads. E-mail date/time will determine acceptance if more ads are submitted than space allows.

Deadline: May 15, 2013

NOTE NEW SUBMISSION GUIDELINES

1. Submit your ad via e-mail to admin@marincamft.org as an attachment or in the body of the e-mail prior to deadline or your ad will not appear. **Please type THERAPY GROUPS in the subject line of the e-mail.**
2. Include a name and phone number in your ad for both personal and agency ads, & name of agency (abbreviation okay).
3. **SPECIFY YOUR GROUP SECTION** within your submission i.e. For Women, Men, Specialty etc.
4. **DO NOT FORMAT TEXT** (do not use CAPS, bold or italics).
5. Include an area code only when listing a number outside the 415 area code.
6. **MAXIMUM 5 LINES, 55 CHARACTERS PER LINE.** Includes spaces and punctuation; avoid hyphens. IMPT NOTE: Please adhere to these limits. If your ad is too long, we reserve the right to either not run your ad or edit it.
7. Mail **YOUR PAYMENT WITH A HARD COPY OF AD.** (Checks are payable to: **Marin CAMFT.**)
TO: Renee Owen, 1703 Fifth Avenue #101, San Rafael, CA 94901.
8. **COST:** Marin CAMFT Members—\$20 first listing, \$10 each additional listing (same issue). Non-members (including nonprofit organizations, institutions and agencies)—\$25 first listing, \$15 each additional listing (same issue).

NEW SUBMISSION OF NEWSLETTER ITEMS Visit MarinCAMFT.org for more information

- “ **Members of Marin CAMFT are invited to submit articles up to 1200 words**, which includes your bio of 50 words or less, on clinical topics relevant to therapists. These topics include: *Human Interest Stories, Conference or Training/ Workshop Reports, Book Reviews, and Research Articles.* Articles may be edited for length, language and content. Articles from members take precedence for available space over those from nonmembers.
- “ **Newsletter Articles and Committee Reports Submission:** E-mail articles/reports in Microsoft Word format—as an attachment—to: dorie.mft@gmail.com
- “ **To Announce Licensure, or other “Milestones” of importance:** E-mail announcement, of no more than **20 words**, with your name and phone number to: dorie.mft@gmail.com

Next Submission Deadline: May 15, 2013

NEW DISPLAY ADS SUBMISSION GUIDELINES

1. Submit your ad via e-mail to marty.frankel@sonoma.edu as an attachment or in the body of the e-mail prior to deadline or your ad will not appear. **Please type DISPLAY ADS in the subject line of the e-mail. The deadline is May 15, 2013.**
2. Mail **YOUR PAYMENT WITH A HARD COPY OF AD.** (Checks are payable to: **Marin CAMFT.**)
TO: Marty Frankel, MCAMFT Newsletter,
P.O. Box 64, Pt. Reyes Station, CA 94956
3. All ads will be included on a space available basis and must have final approval of designer prior to acceptance. CEU Provider Number (if applicable) and course leaders' license information must be printed in the ad.

COST:

Display Ad Rates

(fees subject to change)	Members	NonMembers
Half Page: 10" tall x 3 5/8" OR 4 7/8" tall x 7.5"	\$200	\$400
Quarter Page: 4 7/8" tall x 3 5/8"	\$100	\$200

NEW CLASSIFIED ADS SUBMISSION GUIDELINES

1. Submit your ad via e-mail to marty.frankel@sonoma.edu as an attachment or in the body of the e-mail prior to deadline or your ad will not appear. **Please type CLASSIFIED ADS in the subject line of the e-mail. The deadline is May 15, 2013.**
2. Include a name and phone number in your ad for both personal and agency ads, & name of agency (abbreviation okay).
3. **PLEASE DO NOT FORMAT TEXT** (do not use CAPS, bold or italics).
4. Include an area code only when listing a number outside the 415 area code.
5. **MAXIMUM 5 LINES, 55 CHARACTERS PER LINE.** Includes spaces and punctuation; avoid hyphens. IMPT NOTE: Please adhere to these limits. If your ad is too long, we reserve the right to either not run your ad or edit it.
6. Mail a **YOUR PAYMENT WITH A HARD COPY OF AD.** (Checks are payable to: **Marin CAMFT.**)
TO: Marty Frankel, MCAMFT Newsletter,
P.O. Box 64, Pt. Reyes Station, CA 94956
7. **COST:** Marin CAMFT Members—\$10 for 15 words, \$1.00 each additional word. Non-members (including nonprofit organizations, institutions and agencies)—\$15 for 15 words and \$1.50 each additional listing (same issue). organizations, institutions and agencies)—\$15 for 15 words and \$1.50 each additional listing (same issue).