

THERAPY GROUPS OCT NOV DEC 2017

The groups listed here are offered by licensed psychotherapists and supervised interns, who may or may not be members of Marin CAMFT. Marin CAMFT does not take responsibility for the quality of services provided.

~ GROUPS FOR WOMEN ~

WOMEN'S GROUP

Renée Owen, LMFT 415 453 8117
Ongoing weekly group for women (clinicians & nonclinicians). Develop & deepen intimacy skills through support, process work, goal setting. Excellent adjunct to individual therapy. Thursdays PM San Rafael

DIVORCE GROUPS FOR WOMEN ONLY

Susan Pease Gadoua, LCSW 415 448 6242
Ongoing biweekly groups provide community, emotional support and information- all stages divorce or separation. Topics: self-esteem, empowerment and recovery from difficult feelings situations

RELATIONSHIP INSIGHT GROUP FOR WOMEN ONLY

Susan Pease Gadoua, LCSW 415 448 6242
Ideal for any woman who is ready to change unhealthy relationship patterns. Bring to light outdated beliefs and perceptions that set women up for unfulfilling, sometimes abusive situations

MONTHLY SATURDAY GROUPS FOR WOMEN

Gilda Meyers, LMFT 415 472 2765
Ongoing group exploring issues of midlife and aging, meet one Saturday monthly in San Rafael. Ages 65+ meet 2nd Saturday per month 9:30-12:30. Ages 55+ meet 3rd Saturday 10-1:00 or 1-3. Call for a flyer, more information and free interview.

WOMEN'S INTERPERSONAL GROUP

Lois Friedlander, LMFT, CGP 415 383 3337
Integrates psychodynamic, interpersonal models. For students, professionals. Examine relationships. Consultant: Dr. Irv Yalom Wednesday, 6:30-8 PM, Ongoing. 3569 Sacramento Street, SF

WEIGHT LOSS AND WEIGHT MAINTENANCE GROUP

Dr. Jean Hayes, LMFT 415 897 1348
Gain tools and develop strategies for successful weight loss/ long-term maintenance. Food plans individualized for new habits with group therapy & support for emotional ups & downs 12-week am/pm sessions in Novato

~ GROUPS FOR MEN ~

THE RIGHT MEN'S TEAM

Richard Platt, LMFT 415 760 8541
Helps men become alive, creative, productive through setting goals & being held accountable by trustworthy men. Supports clients to take their lives to the next level. www.teensolutionsmarin.com.

GROUP FOR MEN 50+

Lou Dangles, LMFT 415 454 2722
An ongoing interpersonal process group for men in the second half of life. Emphasis on emotional communication, giving and receiving feedback in a here-and-now interactional frame. Thursdays, 6:30-8 PM

GROUP THERAPY FOR MEN

Scott Nelson, PhD, LMFT 415 383 9254
Strengths- and Positivity-Based, move in cooperation toward greater emotional awareness, resolving challenges, improved relationships and competence. Wednesday 6:30- 8 PM

MEN AND RELATIONSHIPS

David Kest, LMFT 415 246 1739
Group now forming in San Rafael to practice mindfulness, safe conversations and relationship skills that promote healing and growth. Ready for the next level through support and compassionate challenge? Wednesdays, 7-9 PM 1703 Fifth Avenue, San Rafael.

~ CO-ED GROUPS ~

INTIMACY GROUPS

Renée Owen, LMFT 415 453 8117
Ongoing weekly process groups for men and women (single, in relationship, or married). Explore blocks and learn how to experience more fulfillment & success in relationships and life. Monday or Tuesday PM San Rafael

SINGLES GROUP

Renée Owen, LMFT 415 453 8117
Psychoeducational group for men and women desiring to create more committed, intimate relationships. Assists in discovering blocks/obstacles. Excellent adjunct to individual therapy. 9 weeks, Tuesday PM San Rafael

INTERPERSONAL PROCESS GROUP

Lou Dangles LMFT Chris Armstrong LMFT 415 454 2722
Members will have an opportunity to learn about relationship patterns in their lives, understand impact on others. Weds, 7:30- 9 PM, San Anselmo

BARIATRIC SURGERY/ EDUCATION SUPPORT GROUP

Dr. Jean Hayes, LMFT 415 897 1348
For women and men contemplating weight loss surgery and for those post-surgery, to establish new eating habits for weight loss and successful maintenance. 12-week AM and PM sessions in Novato

SUBSTANCE ABUSE EDUCATION/SUPPORT GROUP

Dr. Jean Hayes, LMFT 415 897 1348
For women and men contemplating their behavior, use or abuse of various substances, i.e., alcohol, drugs, food, pills, sex, shopping, gambling- effects on aspects of their lives. 12-week AM and PM sessions in Novato

THERAPY GROUPS IN SAN FRANCISCO

Art Raisman, PhD 415 453 4271
Groups for therapists and non-therapists since 1984. Tuesday, Wednesday, PM, Thursday AM. Divisadero at California, San Francisco
www.artraisman@msn.com

~ CHILDREN, TEENS, PARENTING ~

TEEN BOYS MENTORING TEAM

Richard Platt, LMFT 415 760 8541
Supports boys 13 and older through the challenges of becoming a teen in Marin. Members build character; learn communication and leadership skills in a safe and fun environment.

~ SPECIALTY GROUPS ~

MEN PARTNERS OF ABUSE SURVIVORS

Scott Nelson, PhD, LMFT 415 383 9254
Education about the impact of abuse; support and exploring response-able resolution to personal and couple challenges with others that will understand. Tuesdays, 6:30-8 PM

HORSE/ANIMAL SUPPORTED THERAPY GROUP

Dr. Jean Hayes, LMFT 415 897 1348
Therapeutic skills and problem solving for new possibilities, learned and practiced through interacting with unique and friendly horses and farm animals for adults, adolescents and youth.

ARTS-BASED PROCESS GROUP FOR WOMEN & MEN

Dr Shira Marin LMFT, Annie Danberg LMFT 415 499 0737

Clinicians/ non-clinicians. Liberate self-expression, cultivate self-awareness & self-acceptance and transform self-judgment. 8-week session. San Rafael
www.shiramarinphd.com/ www.anniedanberg.com

DREAM GROUPS

Shira Marin, PhD, LMFT 415 499 0737

Benefit your life through the psyche's language of images. Immersion in dreams with possible Expressive Arts. Come and find out! Group 1 is for clinicians, Group 2 is for non-clinicians. 6 members. Friday morning, 1.5 hours weekly. 40 years experience. www.shiramarinphd.com

WISE MIND-WISE BODY: MINDFULNESS PRACTICES FOR WELL-BEING

Starr Kelton-Locke and Carol Normandi 415 488 1104

Two bimonthly groups to support the development of mindful practices: One for therapists only and one for clients. Time to be decided. Call Carol (see above) or send and email to starr@kelton-locke.com

~ GROUPS FOR THERAPISTS ~

PRACTICE-BUILDING & GROUP THERAPY

CONSULTATION GROUPS

Renée Owen, LMFT 415 453 8117

Choose one or both groups for help in creating a thriving practice or starting, facilitating or sustaining groups. Meets in San Rafael.

CLINICAL SUPERVISION: PRELIC. /EARLY CAREER

Shira Marin, PhD, LMFT 415 499 0737

Learn about the aspects of private practice that will further your development. Experienced facilitator, 35 years clinical/teaching experience Depth, Jungian, Dream, EAT approaches. 90 minutes, twice a month in San Rafael

CONSULTATION: MID & LATE CAREER

Shira Marin, PhD, LMFT 415 499 0737

Get support & deepen grasp of complex case material. Private practice and agency issues. CEUs. Collaborate, connect. Experienced facilitator, 35 yrs. Clinical, teaching experience. 90 minutes twice/month in San Rafael

PSYCHOTHERAPY WITH PERSONALITY DISORDERS

Fran Goldie-Marcus, LCSW 415 892 4310

A 12-session case consultation seminar integrating theory and practice. 24 CE units available. For more information call Fran Goldie-Marcus, LCSW, CAMFT CE Provider #129511.

CONSULTATION/SUPERVISION GROUP

Scott Nelson, PhD, LMFT 415 383 9254

Ongoing group 1.5 hours twice a month – 6 members. 43 years experience Your energy engaged, your knowledge strengthened, your insight brightened
www.scottnelsonphd.com

SKILL-BUILDING & CASE CONSULTATION GROUP IN COUPLES THERAPY

Kathy Jarosz, LCSW 415 999 4414

Focus to be on skill building, the Bader-Pearson Developmental Model of Couples Therapy & facilitating sessions effectively. 90 min, 2x month in Corte Madera, Thursday or Friday mornings, 30 + years experience.

Kathy@couplescounselingworks.com

~ SUBMISSION GUIDELINES ~

1. Submit new ads to mcamftnewsletter@gmail.com
2. before December 1, 2017.
3. Mail a hard copy of your new ad and check, payable to Marin CAMFT to Renee Owen, LMFT at 1703 Fifth Avenue #101, San Rafael, CA 94901.
4. Renew existing ads with no changes by mailing your check, payable to Marin CAMFT, to: Renee Owen, LMFT at 1703 Fifth Avenue #101, San Rafael, CA 94901, no hard copy required.
5. Specify the section in which you would like to see your ad (groups for women, men, etc.).
6. Maximum 5 lines, 65 characters total per line. If your ad is too long, it will be edited.
7. Price: Marin CAMFT Members: \$20 first listing, \$10 for each additional listing in the same issue. Nonmembers: (including agencies) \$25 first listing, \$15 for each additional listing in the same issue.
8. The Therapy Groups list is published in both the digital and print versions of the newsletter, which comes out quarterly. Therapy Groups will also be accessible to the public from a link on the home page of Marin CAMFT's website: www.marincamft.org

If you have questions, call **Renee Owen - 415 453 8117**